



2021 WORLD MASTERS WEIGHTLIFTING
ONLINE CHAMPIONSHIP
21- 29 MAY 2021
ATHLETES SELECTION &
PROCEDURAL RULES OF PARTICIPATION

DUE TO THE COVID-19 LOCKDOWN SITUATION THE 2021 WMG/IWF MASTERS WORLD CHAMPIONSHIP HAS BEEN POSTPONED TO AN INDEFINITE DATE IN 2022.

- MEDALS FOR 1st , 2st + 3rd PLACE
- BEST LIFTER PER AGE GROUP MEN + WOMEN
- GRAND MASTERS MEN + WOMEN
- CERTIFICATE OF PARTICIPATION
- 4 BEST TEAM AWARDS MEN + WOMEN
- NO RECORDS WILL BE RECOGNIZED BECAUSE NO DOPING CONTROL
- ENTRY FEE: EUR 90

Detailed technical regulations will follow once the IWF Masters Committee has decided what Online Competition version will be organized.

ENTRY RULES:

- There is no maximum registration number. **Procedural rules** will be applied to reach a **final approximate entry of 800 athletes**, and those not selected will be informed a few days after the closing date of PRELIMINARY REGISTRATION.

Registration

Eligibility for participation: Athletes must be at least 35 years of age by 31 December 2021 and reach the 2021 WORLD MASTERS QUALIFYING TOTALS accordingly.

1. Preliminary registration will be by the IWF Masters Registration System: www.masterswreg.com
Preliminary registration opens **16 Sept. 2020 and closes 30 January 2021.**
2. When registration in the Preliminary System is completed all athletes will be notified by email.
3. Final registration at the IWF Masters website registration opens 10 February and closes 15 March 2021.
4. Procedural rules will be applied to reach a final approximate entry of 800 athletes, and those not selected will be informed a few days after the Closing date of the PRELIMINARY REGISTRATION.
5. **THOSE SELECTED WILL RECEIVE AN NEW ACCESS CODE FROM THEIR NATIONAL MASTERS CHAIR IN ORDER TO PROCEED WITH THE FINAL REGISTRATION AFTER THE ENTRY FEE OF EUR 90 HAS BEEN PAID TO THE NATIONAL MASTERS CHAIR.**
6. **THE ACCESS CODE RECEIVED MUST NOT BE SHARED WITH ANYONE ELSE!!**
7. The official Competition Schedule will be produced based on the number selected lifters.

SELECTION RULES:

- The total number of lifters allowed in all groups, i.e., bodyweight category within age group will be 12.
- All nations will be allowed a minimum of one entry in every session.
- National Masters Chairmen will be responsible for the following rules:



- In all groups, a maximum of 5 lifters will be allowed from one nation.
- Lifters must be capable of achieving the qualifying standard.
- Lifters must achieve the qualifying standard in an officially recognised competition within a qualification period.
- In the case of identical entry totals, the first submission of date/hour received will be ranked higher.
The National Masters Chair/Committee determines which event(s) are recognized for a Masters athlete to qualify.

Procedural Rules

- The system will operate by selecting a group.
- There are 10 age group for men, with 10 bodyweight categories each.
- There are 8 age groups for women with 10 bodyweight categories each.
- For example, the first group selected for men will be M35 and bodyweight category 55kg, and the first group for women will be W35 and bodyweight category 45kg.
- Any group with less than 5 lifters registered will result in all being selected and the next group will be selected (i.e. M35/-61kg or W35/-49kg, respectively).
- If a group has more than 5 lifters from one nation registered, the 5 lifters with the “best totals” registered will be selected and the remaining lifters highlighted for deselection.
- If the same group now has less than 12 lifters they will all be selected, the next group will then be tested.
- For a group with more than 12 lifters registered.
- The 12 with the highest “best total” will be selected.
- The remaining lifters in the group will be highlighted for deselection.

The above procedures will be applied to every group.

During these procedures, it will be ensured that sole athletes of one nation will not be excluded from the registration process by systematic application of the above procedural rules.

After the closing date, athletes are still allowed to move up or down a bodyweight category within their age group. It is advised that anyone who does change their bodyweight category is aware of the new 80% rule which has replaced the 15/10kg rule.

Moving up or down a bodyweight category is allowed, although it might result in a group having more than 12 lifters and the possibility of more than 5 lifters from a nation.

If the total selected entry is less than 800 the final procedural rule will be applied.

Where the total registered entry is under 800 the system will examine all groups, men and women, with more than 12 lifters to check the option to allow a deselected entry to be selected.

The 13th ranked lifter will then be selected if he or she is not the 6th lifter from that country to be selected.

This procedure will stop when the registration has reached 800 and when this happens there may still be some deselected registrations.

Please see the following example.



The IWF Masters Committee agree that these procedures are the most equitable method of selecting the best lifters across all nations.

Example for groups where there are more than 12 registered and the total registered is less than 800.

Men M50/81kg

Group Rank	Overall Rank	Nation	
Selected entries for group			
1	74	ESA	
2	197	CHN	
3	320	LBN	
4	436	CAN	
5	526	CAN	
6	609	USA	
7	672	USA	
8	721	USA	
9	764	USA	
10	800	USA	
11	830	FRA	
12	858	CAN	
Deselected entries for group			
13	880	FRA	selected
14	899	POL	selected
15	913	CAN	selected
16	921	USA	not selected, 5 from USA in the group
17	931	JPN	selected
18	937	CAN	selected
19	942	UZB	selected
20	970	CAN	not selected, 5 from CAN in the group
21	980	GBR	selected

2021 WORLD MASTERS WEIGHTLIFTING CHAMPIONSHIP - QUALIFYING STANDARDS

QUALIFYING PERIOD: 16 AUGUST 2019 - 30 JANUARY 2021

SMF Standards for Men										
Age Grp.>										
B/W Cat.↓	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80+
55	160	150	140	127	116	107	98	86	74	62
61	173	163	152	140	129	118	107	94	80	67
67	190	180	168	153	141	129	115	101	87	73
73	206	195	180	165	151	137	123	108	93	77
81	219	207	190	176	160	145	130	116	97	80
89	228	215	198	183	166	150	135	119	100	82
96	235	223	206	189	170	154	138	121	102	83
102	241	228	211	193	174	156	142	124	104	85
109	247	233	215	197	177	161	145	128	106	87
+109	252	237	220	202	181	165	148	131	109	89

SHMF Standards for Women								
Age Grp.>								
B/W Cat.↓	W35	W40	W45	W50	W55	W60	W65	W70
45	94	89	83	75	63	59	54	49
49	101	96	89	81	71	62	57	51
55	111	105	98	88	78	67	60	53
59	117	111	102	92	81	70	62	55
64	123	115	107	96	85	73	65	56
71	129	121	111	99	87	76	66	57
76	133	124	113	102	90	79	68	58
81	136	126	115	104	92	80	69	58
87	139	129	118	106	94	81	69	58
87+	144	133	122	110	97	82	70	59

